

Mannings Bakery Thomas St - Allergen Spreadsheet - DELI

Reviewed : Feb 2019

PLEASE BE ADVISED THAT MANNINGS ALLERGEN LIST HIGHLIGHTS (IN RED) ALLERGENS CONTAINED IN THE PRODUCTS WE SERVE
HOWEVER MANNINGS BAKERY MAKE NO CLAIMS ABOUT ANY PRODUCTS BEING FREE OF ANY OF THE LISTED ALLERGENS UNLESS SPECIFICALLY STATED

DELI	ALLERGENS PRESENT	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans (Soy)	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphites	Lupin	Molluscs
Bacon	NONE														
Beef Roast	NONE														
Beef Stew	YES	Wheat													
Beetroot, Yoghurt & Almond	YES								Almond						
Boxty/Rosti	YES														
Broccoli, Feta, Walnut & Cherry Tomato	YES								Walnut						
Caesar Salad	YES	Wheat													
Carrot & Peanut	YES								Peanuts						
Carrot & Poppyseed	YES														
Carrot, Broccoli & Fennel Seed	YES														
Chicken	NONE														
Chicken & Broccoli Bake	YES	Wheat													
Chicken & Cream Cheese Roulade	YES	Wheat													
Chickpea Hummus	YES														
Chilli Con Carne	NONE														
Cheese	YES														
Coddle	YES	Wheat													
Coleslaw	YES														
Cottage pie	YES														
Cous Cous (Veg & Feta)	YES	Wheat													
Croque Madame	YES	Wheat													
Croque Monsieur	YES	Wheat													
Egg Mayo	YES														
French Dressing	YES														
Goats Cheese & Roast Veg Puff Pasty	YES	Wheat													

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Ham & Veg Quiche	YES	Wheat													
Lamb Tagine	YES								Almond						
Lasagne	YES	Wheat													
Mousaka	YES	Wheat													
Nicoise Salad	YES														
Onion Marmalade	YES														
Pearl Barley/Spelt, Pea, Garlic & Mint	YES	Spelt													
Potato Cake	YES														
Red Cabbage, Apple, Pear & Yoghurt	YES														
Roast Mediterranean Vegetables	NONE														
Rocket & Parmesan	YES														
Root Veg Rosti/Boxty	YES														
Sausages	YES	wheat													
Sausage Rolls	YES	Wheat													
Spanish Omelette	YES														
Tomato, Onion & Pepper Salad	NONE														
Veg Roulade	YES	Wheat													
Vegetarian Mousaka	YES	Wheat													

CONDIMENTS	ALLERGENS PRESENT	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans (Soy)	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphites	Lupin	Molluscs
Butter	YES														
Cream	YES														
Curry Mayonnaise (Blenders)	YES														
Horseradish (Blenders)	YES	Wheat													
Mayonnaise (Blenders)	YES														
Milk	YES														
Mustard (Blenders)	YES	Wheat													
Spice Mayonnaise (Blenders)	YES														
Tomato Ketchup (Blenders)	NONE														

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CROISSANTS:															
Savoury Croissant	YES	Wheat													
Smoked Bacon Croissant	YES	Wheat													
Croque Mensuir	YES	Wheat													
Mushroom Croissant	YES	Wheat													
Croissant Plain	YES	Wheat													
Croissant with Butter	YES	Wheat													

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